

Bike Week 2008: June 14th – 21st

Programme of Events

Sun 15th June:

- **Event:** Family Cycle Ride in aid of the British Heart Foundation
Start time: 10am
End Time (approx): 1.00pm
Start Location: Coate Water Country Park
Description: Ride from Coate Water Country Park, Swindon, Wiltshire to Chiseldon by cycle path and return
Distance (approx): 6.5 miles
Cost: Registration fee of £2.50 per family
Contact: Contact Sharon Woolford for details and a registration form on 07909 546596 or email sharon.woolford@googlemail.com
Other information: All children must be accompanied by a responsible adult

Monday 16th June:

- **Event:** Swindon Loop
Start time: 6.30pm
End Time (approx): 8.30pm
Start Location: Coate Water Park Café
Description: A 17 mile loop around Swindon, incorporating numerous picturesque spots, mainly along cycle lanes and on quiet roads.
Distance (approx): 17 miles
Cost: FREE
Contact: Tamina Oliver – email: Tamina.oliver@ctc.org.uk
Other information: No registration necessary, just turn up on the day! Please bring lights and waterproofs.
- **Event:** Birmingham to Swindon Cycle
Start time: Morning
End Time (approx): Mid-afternoon
Start Location: Birmingham
Description: A challenging ride from Arval's Birmingham office to Arval's Swindon office, a total of 75 miles.
Distance (approx): 75 miles
Cost: n/a
Contact: Tracey Young – email: Tracey.young@arval.co.uk
Other information: Not open to the public.
- **Event:** Cycling Skills Training – Bikeability Level One
Start time: 6pm
End Time (approx): 8.30pm
Start Location: County Ground Athletics Track, County Road Swindon, SN1 4EE

Description: Cycling skills session for complete beginners or lapsed/unconfident cyclists by a qualified Bikeability instructor.

Distance (approx): n/a

Cost: FREE

Contact: Neil Daycock – email: neil.daycock@ntlworld.com or phone: 07802 396611

Other information: Limited number of bikes available to borrow for the session if needed – please request in advance

Tuesday 17th June:

- **Event:** Mid Summer Bike Night

Start time: 18:00

End Time (approx): 21:00

Start Location: Castle Combe Motor racing circuit

Description: 10,000 miles in 3 hours. A mini cycling festival with the core activity of cycling as many laps of the famous Castle Combe motor racing circuit as possible. Target 1,000 participants meaning just 10 miles each! Other features:

Rich Johnson RJ Ride guide stunt rider

Go Ride skills sessions for children

DC Leisure spin bikes competition

Security stamping

GWR radio in attendance

Trade stands

Café for refreshments

Cycling projects bikes for disabled

Distance (approx): 10 miles (the more the better)

Cost: £2 adults, £1 children

Contact: Andy Cook 07811156141

Other information: Enter on line at

http://www.everydaycycling.com/edc/events/20080617_castle_combe_midsummer_bike_night.aspx

Or enter on the night.

- **Event:** Bike Awareness Day

Start time: Morning

End Time (approx): Early evening

Start Location: Arval's Swindon Office

Description: A day of awareness raising related to cycling, including a range of bike displays and cycling activities. Arval employees will be able to:

- Find out about local cycle routes and cycling initiatives
- Get you bike “health checked” by bike specialists onsite
- Find out about the best bike to buy for you and your family
- Buy a range of bike goodies
- Participate in a mini bike assault course onsite

Distance (approx): n/a

Cost: n/a

Contact: Tracey Young – email: Tracey.young@arval.co.uk
Other information: Not open to the public.

Wednesday 18th June:

- **Event:** Swindon CTC's Leisurely Ride
Start time: 7pm
End Time (approx): 9pm
Start Location: Outside Freshbrook Community Centre, Worsley Road, Freshbrook, Swindon, SN5 8LY
Description: A gentle evening ride led by local CTC members, specifically geared towards families or those who do not cycle regularly. Meeting at Freshbrook Community Centre, Worsley Road West Swindon, then taking a leisurely circuit around the beautiful Lydiard Park, one of Great Western Community Forest's lovely natural spots.
Distance (approx): 8 miles total
Cost: FREE
Contact: For more details contact Roger Dyson – email: rgrd2007@talktalk.net
Other information: No registration necessary, just turn up on the day! Please bring lights and waterproofs if possible
- **Event:** Open to All SAB Evening Ride
Start time: 6.30pm
End Time (approx): 9 or 9.30 pm
Start Location: Tawney Owl, Taw Hill, Swindon, SN25 1WR
Description: The ride will be along country lanes and B roads around Swindon. It's a very informal gathering and the rides are conducted at a leisurely pace.
Distance (approx): 12 – 18 miles (dependent on terrain, wind speed and general enthusiasm of the assembled group on the night! Never too far from start point in case of any difficulties).
Cost: FREE
Contact: Jack Dipper – Email: Jack.Dipper@Nationwide.co.uk or phone: 07974 011 654
Other information: Riders are advised to bring lights if it's a cloudy evening as dusk may be falling toward the end of the ride, especially if we stop at a country pub for a beer along the way.

Thursday 19th June:

- **Event:** My Own Ride
Start time: When I choose
End Time (approx): When I choose
Start Location: Where I choose
Description: What I choose
Distance (approx): How far I choose to go
Cost: FREE
Contact: Myself
Other information: Test your initiative – organise a ride of your own! Why not get together a group of friends and enjoy some time on two wheels? Email Tamina

Oliver, Swindon's Cycling Champions Development Officer, with details and photos of your ride for a chance of being reviewed in the local paper or for Tamina's Swindon Cycling Champions Website. Tamina's Email: Tamina.Oliver@etc.org.uk

- **Event:** Coate to Lydiard Return Evening Ride
Start time: 7pm
End Time (approx): 8pm or 8.30pm
Start Location: Coate Water Park Café (or be picked up en route).
Description: A leisurely ride from Coate Water Park to Lydiard Park along Sustran's Route 45 cycle path.
Distance (approx): 8 miles
Cost: FREE
Contact: Gladys Barr – Email: Gbarr@swindon.gov.uk or Phone: 07768687986
Other information: Please phone or email in advance if you want to ride. There is the option of being picked up along the route or of meeting the group at Lydiard and cycling back the other way with the group. Please call Gladys Barr to discuss this possibility.

Friday 20th June:

- **Event:** Up 'n' Cycling
Start time: 10am or 11.30am
End Time (approx): 11am or 12.30pm
Start Location: County Ground Athletics Track, County Road Swindon, SN1 4EE
Description: An ongoing course aimed at helping beginners to learn to ride or enabling lapsed riders to regain their confidence in cycling.
Distance (approx): n/a
Cost: FREE
Contact: Carole Jones – Email: Cjones@swindon.gov.uk or Phone: 01793 514401
Other information: Please get in touch for details of our next course

Saturday 21st June:

- **Event:** Wind Turbine Wonders
Start time: 11.30am
End Time (approx): 4.30pm
Start Location: Outside County Grounds on grass opposite fire station, County Road, Swindon, SN1 4EE
Description: A leisurely ride along quiet lanes and cycle paths to celebrate Bike Week and Eco Week simultaneously. Incorporating a visit to Westmill Wind Farm, the first wind farm in the area, where there will be refreshments, stalls, and various fun activities.
Distance (approx): 16 miles total
Cost: FREE
Contact: Marc Taylor – email: m@rcstaylor.co.uk or call: 07941236140
Other information: Please see the Eco Week website for more information: <http://www.ecoweek.info/WINDFARM/windfarm.html>